

Social Skills Worksheet

Social Problem Solving

Read the scenarios and circle the best solution.

1. You and your friend want to play different games.

Ignore your friend and play alone.

Take turns choosing the game.

Tell your teacher your friend is being mean.

2. Your classmate borrowed your pencil without asking.

Grab the pencil back and walk away.

Politely ask them to return it next time.

Stop talking to them for the rest of the day.

3. Your teammate knocked over your water bottle.

Yell at them for being careless.

Calmly let them know so they can help clean it up.

Ignore it and leave the mess for someone else.

4. Your sibling wants to use the computer at the same time as you.

Suggest taking turns or setting a timer.

Argue about whose turn it is.

Keep using it and ignore them.

Come up with solutions for the following scenarios.

Your friend and you both want to sit in the same seat.	
Your classmate is talking during class and you can't concentrate.	
You accidentally bump into someone and make them drop their book.	
Your friend borrowed something from you and forgot to return it.	